

## Banana Bread

3 very ripe bananas  
1 egg  
 $\frac{3}{4}$  c. sugar  
3 T. vegetable oil  
2 cups flour  
1 t. baking soda  
1 t. baking powder



### Directions

- \_\_\_\_\_ Preheat oven to 325 degrees
- \_\_\_\_\_ In a small bowl, using a fork, mash bananas.
- \_\_\_\_\_ Sift together flour, baking soda and baking powder.
- \_\_\_\_\_ Stir together egg, sugar and oil.
- \_\_\_\_\_ Add mashed bananas to egg mixture. Stir just until mixed.
- \_\_\_\_\_ Add dry ingredients to wet ingredients. Stir just until ingredients are combined.
- \_\_\_\_\_ Spray a loaf pan with cooking spray.
- \_\_\_\_\_ Pour batter into loaf pan.
- \_\_\_\_\_ Bake for 45 minutes or until a toothpick comes out clean.
- \_\_\_\_\_ Cool and remove from loaf pan. Wrap in plastic wrap until eaten.